



MARCH 2011 MENU

Easter Holiday Boxes (S-5) now available for preorder. Order now thru April's deadline and receive during normal April distribution. Please see our website for limited online-only specials.

B2 - Bit O' Blessing Box

Quantities are Limited. Orders filled on a first come, first serve basis.

- 2 lb. Chicken Stir Fry
- 2 lb. Chicken Fettuccini Alfredo
- 2 lb. Lasagna
- 1.5 lb. Meatballs
- 1 lb. Ground Beef
- 24 oz. French Fries
- 1 lb. Veggie Blend
- 1 lb. Green Beans
- 1 lb. Frozen Mango

\$21.00

B4 - Fast & Flavorful Cuisine

Convenience meals great for seniors and people on the go!

- White Chicken Fettuccini Alfredo
- Spaghetti and Meatballs in Marinara Sauce
- Fish Sticks
- Salisbury Steaks
- Chicken Chow Mein
- Turkey and Gravy over Bread Dressing
- Boneless Pork Patty with Barbecue Sauce
- Beef Stew
- Meatball Stroganoff
- White Chicken and Penne

\$28.00

specific meal details can be found at www.angelfoodministries.com

B6 - Just 4 Me After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Fully Cooked Breaded Chicken Pieces
- 1.5 lb. Corn Dogs
- 10 oz. Mac & Cheese
- 16 oz. String Cheese
- 8 oz. Pocket Sandwich (2 x 4 oz.)
- 4 ea. (2.8 oz.) Peanut Butter and Jelly Jamwich
- 4 ea. (4 oz.) Mini Stuffed Sandwiches
- 6.5 oz. Cheese or Pepperoni Pizza
- 3 oz. Grilled Cheese Sandwich
- 1 ea. (3.4 oz.) Watermelon Italian Ice
- 1 ea. (3.2 oz.) Raspberry Fruit Juice Sherbet

\$24.00

B8 - Just 4 Me After School Fruit and Veggie Box

- 3 ea. Red Apples
- 3 ea. Green Apples
- 3 ea. Pears
- 3 ea. Navel Oranges
- 1 ea. Stalk, Sleeved Celery
- 1 lb. Mini Peeled Carrots
- 3 ct. Fruit Juice (Mixed Flavors)
- 8 oz. Trail Mix
- 3 oz. Dried Cranberries with Honey Roasted Almonds

\$16.00

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

B1 - Bread of Life Signature Box

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 3 lb. (avg.) Split Chicken Breast
- 2 lb. IQF Flounder Fillets
- 2 lb. Ham Chowder
- 3 lb. IQF Chicken Drumsticks
- 1.5 lb. Boneless Pork Chops
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Ground Chicken
- 1 lb. Peas
- 1 lb. Green Beans
- 1 lb. Carrots
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 8 ct. Flour Tortillas
- 1 pk. Taco Seasoning
- 7 oz. Corn Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. 2% Shelf-stable Milk
- 1 dz. Eggs
- Dessert

\$31.00

GLUTEN FREE!†

B5 - Allergen Free Food Box

- 1 lb. Breaded Chicken Breast Nuggets
- 1 lb. Breaded Chicken Tenderloins
- 1 lb. Breaded Breast Fillet Patties
- 1 lb. Breaded Boneless Chicken Wings
- 1 lb. Breaded Cubed Steak

\$25.00

†Please see our website for other allergen facts.

B7 - Just 4 Me No Child Goes Without

"Blessing America's Children, one Box at a Time"

- 10 ct. Instant Oatmeal (2 x 5 ct. Boxes)
- 7.5 oz. Beans & Wieners
- 7.5 oz. Cheezy Mac 'n Cheese
- 7.5 oz. Mini Beef Ravioli
- 7.5 oz. Spaghetti and Mini Meatballs
- 7.5 oz. Noodle Rings & Chicken
- 7.5 oz. Cheezy Mac 'n Franks
- 7 ea. Cereal Bowls (.75 oz. ea.)
- 1 ea. Peanut Butter (12 oz.)
- 1 ea. Pure Honey (12 oz.)
- 1 ea. Chunk Lite Tuna in Water (.5 oz.)
- 1 ea. All White Chicken (.5 oz.)
- 6 pk. Apple Sauce
- 5 ea. Granola Bars (.25 oz. ea.)
- 32 oz. Shelf-Stable 2% Milk

\$24.00

NEW! B9 - Pastor Joe's Premium Box

- 40 oz. Angus Sirloin Steaks (4 x 10 oz.)
- 1.5 lb. Large Breaded Oven Ready Butterfly Shrimp
- 2 lb. Angus Steak Burgers (4 x 8 oz.)
- 24 oz. Frozen Steak Fries
- 1 lb. Frozen Green Beans
- 1 (8 ct. pk.) Frozen Corn on the Cobb
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Frozen Green Peas

\$51.00

B3 - Bountiful Blessing Box

- 3 lb. (avg.) Split Chicken Breast
- 2 lb. IQF Flounder Fillets
- 2 lb. Ham Chowder
- 2 lb. Beef Stir Fry Meal
- 3 lb. IQF Chicken Drumsticks
- 2 lb. Lasagna
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Boneless Pork Chops
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Ground Chicken
- 2 lb. Tomato Basil Soup
- 1 lb. Peas
- 1 lb. Green Beans
- 1 lb. Carrots
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 8 ct. Flour Tortillas
- 1 pk. Taco Seasoning
- 7 oz. Corn Muffin Mix
- 6.9 oz. Beef Flavored Rice & Vermicelli
- 7 oz. Raspberry Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. 2% Shelf-stable Milk
- 1 dz. Eggs
- Dessert

\$41.00

S1 - MARCH SPECIAL #1

\$25.00

4 lb. Steak Special

- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 2 lb. Ribeye Steaks (4 x 8 oz.)

S2 - MARCH SPECIAL #2

\$17.00

10 lb. Popcorn Chicken Special

- 10 lbs. Breaded Popcorn Chicken

S3 - MARCH SPECIAL #3

\$23.00

Premium Fresh Fruit and Veggie Box

- 1 head Iceberg Cello Lettuce
- 1 head Green Cabbage
- 1 lb. Cello Carrots
- 4 Large Baking Potatoes
- 3 lb. bag Sweet Potatoes
- 2 lb. bag Yellow Onions
- 1 Golden Ripe Pineapple
- 1 Cantaloupe
- 1 lb. Red Seedless Grapes
- 4 California Lemons
- 16 oz. Salad Dressing
- 1 bag Salad Croutons
- AFM Fruit and Veggie Recipe Sheet

S5 - MARCH SPECIAL #5

\$36.00

Easter Holiday Box

- 7.5 lb. (avg.) All Natural Perdue Roasting Hen
- 3 lb. Boneless Netted Pork Roast
- 72 oz. (8 ct.) Premium Twice Baked Potatoes (Idaho Russet Potatoes with Applewood Smoked Bacon, Cheddar Cheese, Sour Cream, Butter & Chives)
- 2 lb. Green Beans
- 12 ct. Mini Corn Cobbettes
- 12 oz. Cornbread Stuffing Mix (2 x 6 oz. pkg.)
- 1.7 oz. Brown Gravy Mix (2 x .87 oz. = 2 c. gravy)
- 12 ct. Whole Wheat Dinner Rolls
- 2 lb. 5 oz. Mrs. Smith's Apple Raisin Spice Pie
- Recipe and Cooking Instructions

Orders Due/Distribution Day: Contact Your Local Host Site

*Please contact your local host site for information or visit our website to locate a host site near you www.angelfoodministries.com

Angel Food Order Form

Please Print Legibly

<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="padding: 2px;">Name</td></tr> <tr><td style="padding: 2px;">Address</td></tr> <tr><td style="padding: 2px;">City State Zip (required)</td></tr> <tr><td style="padding: 2px;">Phone #</td></tr> <tr><td style="padding: 2px;">Email</td></tr> <tr><td style="padding: 2px;">Ordered Angel Food before? Yes No</td></tr> <tr><td style="padding: 2px;">Are you paying with Food Stamps (Lonestar)? Yes No For all Lonestar purchases, you will need to complete your order in person at the <u>church office only</u>.</td></tr> </table>	Name	Address	City State Zip (required)	Phone #	Email	Ordered Angel Food before? Yes No	Are you paying with Food Stamps (Lonestar)? Yes No For all Lonestar purchases, you will need to complete your order in person at the <u>church office only</u> .	<p style="text-align: center; margin-bottom: 10px;">Order Totals</p> B1- Signature Box _____ x \$31= \$ _____ B2- Bit O' Blessing Box _____ x \$21= \$ _____ B3- Bountiful Blessing Box _____ x \$41= \$ _____ B4- Fast & Flavorful _____ x \$28= \$ _____ B5- Allergen Free Box _____ x \$25 = _____ B6- After School Box _____ x \$24= \$ _____ B7- No Child Goes Without _____ x \$24= \$ _____ B8- After School Fruits & Veggies _____ x \$16= \$ _____ B9- Pastor Joe's Premium Box _____ x \$51= \$ _____ Mar Special #1 _____ x \$25= \$ _____ Mar Special #2 _____ x \$17= \$ _____ Mar Special #3 _____ x \$23= \$ _____ Mar Special #5 _____ x \$36= \$ _____ \$2.00 Handling Fee (Credit Cards Only) \$ _____ <p style="text-align: right;">Total \$ _____</p>
Name								
Address								
City State Zip (required)								
Phone #								
Email								
Ordered Angel Food before? Yes No								
Are you paying with Food Stamps (Lonestar)? Yes No For all Lonestar purchases, you will need to complete your order in person at the <u>church office only</u> .								

If Paying By Credit Card

Circle One:	<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover <input type="checkbox"/> AmEx	Card #:	
Exp Date:	Security Code (on back of card)	Name on Card:	

Check Here if You Would Like to Donate Your Purchase to a Family in Need

Orders must be **pre-paid** with cash, credit card (\$2.00 handling fee), or money order;
Payable to Gospel Lighthouse Church.

Orders Due: Sunday, March 13, 2011

Distribution Day: Saturday, March 26, 2011 9am-10:30am

<u>We accept food stamps (EBT) (M-F-church office only)</u> Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality. Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410	Host Church: Gospel Lighthouse Church 5525 W Illinois Avenue Dallas, TX 75211 214.331.6516 www.lighthousedallas.org
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